共通テスト英語 リーディング・リスニング

パラフレーズ（言い換え）プリント 200

左＝本文の表現、右（太字）＝正解の選択肢での言い換え。

言い換え
200組
8つの分野

使い方

右（太字）を隠して左から言い換える。次は逆向きに。**★＝過去問で「本文 → 正解の選択肢」として実際に使われた言い換え**（共テ単のデータによる）。無印は原田英語の予想。200組を覚えたら、後半の「見抜く練習20問」で確かめる。

なぜ言い換えを覚えるのか：正解は本文と違う言葉で書かれる

正解の選択肢は、本文（放送文）と**同じ内容を別の言葉で**書いてあることが多く、本文と同じ単語が並ぶ選択肢は「引っ掛け」のことがあります。言い換えには型があるので、型ごとに覚えると本番で気づけます。

型	どう変わるか	例（本文 → 選択肢）
同じ意味の別の語	動詞・形容詞・名詞を、近い意味の語に取り替える	repair → fix / essential → vital
熟語 ⇔ 1語	会話の句動詞を、選択肢では1語にする（逆もある）	fill in → complete
数量と時	数字を、割合・計算・言葉に直す	50% discount → half price
否定を裏返す	否定を反対の語で肯定にする（逆もある）	not as long as → shorter than
まとめる	具体的な物を、上の言葉でまとめる	peaches and grapes → fruit
立場を入れ替える	主語を替えて、同じ出来事を反対側から言う	A sent B a card. → B received a card.

1 動詞①（24組）

repair → **fix ★**	refuse → **reject ★**	provide → **offer ★**
select → **choose ★**	assist → **help ★**	need → **require ★**
start → **begin ★**	receive → **be given ★**	prohibit → **forbid ★**
inspire → **motivate ★**	present → **show ★**	vanish → **disappear**
purchase → **buy**	guess → **predict**	increase → **rise / go up**
decrease → **drop / fall**	improve → **get better**	allow → **let / permit**
hire → **employ**	obtain → **get**	attend → **go to**
affect → **influence**	mention → **refer to**	consider → **think about**

1 動詞②（24組）

close → **shut** ★	absorb → **take in** ★	edit → **modify** ★
quit → **leave** ★	assess → **check** ★	maintain → **keep** ★
survive → **withstand** ★	recollect → **think back to** ★	recreate → **imitate** ★
observe → **spot** ★	overcome → **deal with** ★	store → **save** ★
cook → **prepare** ★	control → **adjust** ★	encourage → **inspire** ★
inject → **insert** ★	recommend → **suggest** ★	focus on → **concentrate on** ★
choose → **pick out** ★	match → **fit** ★	eat → **consume** ★
respond → **answer**	donate → **give**	prevent → **stop**

2 形容詞・副詞①（18組）

essential → **vital** ★	eager → **enthusiastic** ★	smart → **clever** ★
dull → **boring** ★	worried → **concerned** ★	content → **happy** ★
reasonably priced → **affordable** ★	unsatisfied → **frustrated** ★	widely recognized → **famous** ★
drastic → **major** ★	progressively → **gradually** ★	more fun → **more enjoyable** ★
open-air → **outdoors** ★	sufficient → **enough** ★	entire → **whole**
frequently → **often**	annual → **yearly**	beneficial → **helpful**

2 形容詞・副詞②（21組）

approximately → **roughly** ★	specifically → **especially** ★	friendly → **kind** ★
intelligent → **smart** ★	specific → **detailed** ★	precise → **accurate** ★
common → **widespread** ★	nearly → **almost** ★	thankful → **grateful** ★
necessary → **essential** ★	creative → **novel** ★	current → **ongoing** ★
significant → **memorable** ★	second-hand → **used** ★	long-distance → **faraway** ★
daily → **regular** ★	easy to use → **user-friendly** ★	more difficult → **harder** ★
now → **immediately** ★	rapidly → **quickly**	costly → **expensive**

3 名詞①（15組）

fault → **mistake** ★	prize → **award** ★	summit → **top** ★
corporation → **company** ★	drawings → **sketches** ★	advice → **tips** ★
ability → **talent** ★	district → **area** ★	positive effects → **benefits** ★
brief outline → **summary** ★	discount → **reduced price** ★	labor shortage → **lack of workers** ★
refund → **money back**	aim → **purpose**	opportunity → **chance**

3 名詞②（18組）

actors → **performers** ★	followers → **fans** ★	indications → **signs** ★
composition → **make-up** ★	timetable → **schedule** ★	garden → **yard** ★
article → **report** ★	costumes → **clothes** ★	procedure → **process** ★
framework → **model** ★	fabrics → **textiles** ★	support → **assistance** ★
beginners → **newcomers** ★	gear → **equipment** ★	results → **findings** ★
scenery → **landscape** ★	fee → **charge**	occupation → **job**

4 熟語①（21組）

get used to → **get accustomed to** ★	catch sight of → **spot** ★	would rather → **prefer** ★
take the initiative → **show leadership** ★	become a member of → **join** ★	try to find → **look for** ★
have no idea how to → **be at a loss** ★	fill in → **complete** ★	save on costs → **lower expenses** ★
put off → **postpone**	call off → **cancel**	turn down → **say no to**
run into → **meet by chance**	make up one's mind → **decide**	take part in → **participate in**
in spite of → **despite**	in charge of → **responsible for**	come up with → **think of**
hand in → **submit**	break down → **stop working**	lead to → **cause**

4 熟語②（12組）

put up → **set up** ★	throw away → **throw out** ★	think back → **reflect on** ★
call → **get in touch with** ★	set fire to → **burn** ★	take a break → **relax** ★
due to → **thanks to** ★	sign up → **register** ★	go into debt → **lose money** ★
get to know each other → **develop friendships** ★	use up → **burn up** ★	be on the decline → **decrease** ★

引っ掛けの選択肢は、こう作られる

作られ方	本文	引っ掛けの選択肢（×）	直し方
本文と同じ語を使うが、内容が違う	The game was put off.	The game was put on TV.	同じ語が並ぶ選択肢ほど、意味を確かめる
数字は同じだが、対象が違う	Half of the students walk.	Half of the teachers walk.	数字の前後の名詞まで照らし合わせる
言い過ぎる（all・always・only）	Most members agreed.	All members agreed.	all・always・only・never に印を付ける

5 数量と時（18組）

a week or so → **about seven days** ★
50% discount → **half price** ★
a quarter → **25%** ★
one third → **roughly 30%** ★
98% → **almost all** ★
six → **half a dozen** ★
28 days → **four weeks** ★
24-hour → **day and night** ★
70% → **more than half** ★
more than a dozen → **multiple** ★
annually → **once a year** ★
monthly → **on a regular basis** ★
the day after tomorrow → **in two days** ★
in less than a second → **instantly** ★
twice as much → **double**
more than half → **the majority**
up to five → **no more than five**
by Friday → **no later than Friday**

6 否定の言い換え（16組）

without any help → **by himself** ★
slowly → **not quickly** ★
not fair → **unfair** ★
never forget → **remember** ★
hardly ever happens → **is uncommon** ★
not as long as → **shorter than** ★
can't miss it → **attend it** ★
just a few minutes → **not much time** ★
without a break → **continuously** ★
have no choice → **be necessary** ★
never hesitate to → **be willing to** ★
Don't wait. → **as soon as you can** ★
keep it a secret → **show it to no one** ★
don't work → **inactive** ★
no longer → **not ... anymore**
unless it rains → **if it doesn't rain**

否定は「反対の語で肯定にする」「肯定を not で裏返す」の2方向。選択肢の not・never・no は丸で囲む。

7 まとめる（8組）

peaches and grapes → **fruit** ★
French or Spanish → **languages** ★
the taiko and the koto → **traditional music** ★
a washing machine → **household equipment** ★
deer and eagles → **wild animals and birds** ★
bills and coins → **cash** ★
allergy pills → **medicine** ★
blue, green, and pink → **several options** ★

本文に fruit という語がなくても、具体例をまとめた選択肢は正解になる。「つまり何の話か」を1語で言う練習をする。

8 立場を入れ替える（5組）

My uncle sent me a card. → **I received a card from my uncle.** ★
Team A lost to Team B. → **Team B won.** ★
Robots are slower than people. → **People are quicker than robots.** ★
Farmers sell food directly. → **People buy food from farms.** ★
I can show you how. → **You will learn how.** ★

主語が替わると、動詞も send ⇔ receive、sell ⇔ buy、lose ⇔ win のように反対側の語になる。「誰が・誰に」を確かめる。

言い換えを見抜く3つの確認

- [ ] 選択肢の動詞・形容詞を、本文の言葉に戻せるか
- [ ] 数字は計算や言葉（half・a quarter・majority）に直したか
- [ ] 本文と同じ単語が並ぶ選択肢ほど、意味が違わないか疑ったか

覚え方：1組を1文で

The game was **put off**. → It was **postponed**.
Tickets are **half price**. → There is a **50% discount**.

単語だけでなく、短い文で2通りに言えるようにすると、リスニングでも気づけます。

言い換えを見抜く練習①（問1〜10）太字の文の内容に合うものを1つ選ぶ

1	**The school festival was put off because of the typhoon.** ① The festival was canceled. ② The festival was postponed. ③ The festival was held indoors. ④ The festival ended early.
2	**Tickets for students are half price on Mondays.** ① Students pay nothing on Mondays. ② Only students can enter on Mondays. ③ Students get a 50% discount on Mondays. ④ Students must buy two tickets on Mondays.
3	**Ken hardly ever eats breakfast.** ① It is uncommon for Ken to have breakfast. ② Ken has breakfast every day. ③ Ken eats breakfast very quickly. ④ Ken makes breakfast for his family.
4	**Anyone can enter the museum free of charge on the first Sunday of each month.** ① The museum is closed on Sundays. ② Visitors get a free gift every Sunday. ③ The museum opened for the first time this month. ④ Visitors can enter without paying once a month.
5	**About a quarter of the students walk to school.** ① Around 40% of the students walk to school. ② Roughly 25% of the students go to school on foot. ③ Most students go to school on foot. ④ Four of the students walk to school.
6	**My grandmother sent me a sweater for my birthday.** ① I received a sweater from my grandmother. ② I bought a sweater for my grandmother. ③ My grandmother wore a new sweater. ④ I sent my grandmother a birthday card.
7	**The shop sells apples, bananas, and oranges at low prices.** ① The shop sells expensive vegetables. ② The shop only sells apples. ③ Fruit is cheap at the shop. ④ The shop buys fruit from customers.
8	**You must hand in the form no later than Friday.** ① The form will be returned to you on Friday. ② You can get the form after Friday. ③ You should fill in the form on Friday only. ④ The form should be submitted by Friday.
9	**The elevator broke down, so we had to use the stairs.** ① The elevator was too crowded. ② The elevator stopped working. ③ The stairs were being repaired. ④ We chose the stairs to get some exercise.
10	**Emma would rather stay home than go to the party.** ① Emma prefers staying home. ② Emma enjoyed the party. ③ Emma has to stay home to study. ④ Emma will go to the party later.

言い換えを見抜く練習②（問11〜20）

11	**The new phone is not as heavy as the old one.** ① The new phone is heavier than the old one.　② The two phones are the same weight.　③ The new phone is lighter than the old one.　④ The old phone is easier to carry.
12	**More than half of the members voted for the plan.** ① A minority of the members supported the plan.　② All the members supported the plan.　③ Exactly half of the members were against the plan.　④ The majority of the members supported the plan.
13	**Mr. Sato is in charge of the school trip.** ① Mr. Sato is responsible for the school trip.　② Mr. Sato pays for the school trip.　③ Mr. Sato cannot join the school trip.　④ Mr. Sato is against the school trip.
14	**The team came up with a new way to recycle bottles.** ① The team gave up recycling bottles.　② The team copied another group's method.　③ The team thought of a new recycling method.　④ The team is still looking for a new method.
15	**The volunteers cleaned the beach for three hours without a break.** ① The volunteers took a rest every hour.　② The volunteers worked continuously for three hours.　③ The volunteers finished in less than an hour.　④ The volunteers broke some tools on the beach.
16	**The bus to the airport runs every other day.** ① The bus runs every day.　② The bus runs twice a day.　③ The bus runs only on weekends.　④ The bus runs once every two days.
17	**Breakfast and dinner are included in the room rate.** ① Two meals are part of the price of the room.　② Guests must pay extra for every meal.　③ The hotel does not serve any meals.　④ Only lunch is served at the hotel.
18	**Unless it rains, the game will take place on Saturday.** ① The game will be held on a rainy day.　② The game has been moved to Sunday.　③ The game will be held on Saturday if it doesn't rain.　④ The game will be canceled even if it is sunny.
19	**Few people knew about the event.** ① The event was well known.　② Not many people had heard of the event.　③ A few people disliked the event.　④ Many people knew the event was canceled.
20	**The price of gas went up by 10% last month.** ① Gas became 10% cheaper last month.　② The price of gas stayed the same.　③ The price of gas will rise next month.　④ Gas became more expensive last month.

練習の答えと、言い換えの軸

1 ② put off → postponed　**2** ③ half price → 50% discount　**3** ① hardly ever → uncommon
4 ④ free of charge → without paying　**5** ② a quarter → 25%　**6** ① sent me → I received
7 ③ apples, bananas ... → fruit　**8** ④ hand in → submit　**9** ② broke down → stopped working
10 ① would rather → prefers　**11** ③ not as heavy as → lighter than　**12** ④ more than half → the majority
13 ① in charge of → responsible for　**14** ③ came up with → thought of　**15** ② without a break → continuously
16 ④ every other day → once every two days　**17** ① included in → part of　**18** ③ unless → if ... doesn't
19 ② few → not many　**20** ④ went up → more expensive

6は立場の入れ替え、7はまとめる型。19の few は「ほとんどない」で、a few（少しはある）と区別する。間違えた問は、どの型の言い換えだったかを書き込んでおく。

★は、運営者の単語帳アプリ「共テ単」のデータ（2021〜2026年度の過去問の本文と正解の選択肢を照らし合わせた記録）で確かめた言い換えで、覚えやすいように語句を短くしてあります。語句・例文・練習問題は原田英語のオリジナルで、無印は予想です。