共通テスト英語リーディング 一問一答

読解ミニ問題：要旨・題

最初と最後の文、but の後ろをつなぎます。「一部だけ正しい」に注意。

41
問・解説つき

1問1〜2分。時間を計って10問ずつ解き、後ろの解答・解説で確かめます。間違えた問題は、根拠の語句に線を引いてもう一度。

問題

1 全体を覆う題と一部だけの題を区別する

In many cities, people can now borrow a bicycle at one station and return it at another. They pay by smartphone, usually a small amount for every thirty minutes. Because the bikes are used for short trips, fewer people take cars or taxis. This reduces traffic and air pollution. The system also helps tourists, who can visit several places in a day without waiting for buses.

Which is the best title for the passage?

① How to Pay for Things by Smartphone
② Shared Bicycles: Good for Cities and Visitors
③ Why Tourists Dislike Waiting for Buses
④ The History of Bicycles Around the World

2 最後のまとめの文から要旨をつかむ

A town in the north decided to use only local vegetables and fish in its school lunches. At first, the cooks worried about the cost. However, buying directly from nearby farmers turned out to be cheaper than expected. Students began to leave less food because they knew who had grown it. Farmers, in turn, gained a steady customer. The plan has helped the whole community.

What is the main idea of the passage?

① Local food is always cheaper than food from far away.
② School cooks worried about the cost of lunches.
③ Students should learn the names of farmers.
④ Using local food in school lunches brought benefits to many people in the town.

3 問題と解決の流れから要旨をまとめる

Carrots with two legs and curved cucumbers taste the same as straight ones, but stores often refuse to sell them. As a result, farmers throw away a large part of what they grow. Recently, some shops have begun selling these 'ugly' vegetables at lower prices, and customers are buying them gladly. Selling vegetables regardless of their shape helps farmers, shoppers, and the environment.

What is the main idea of the passage?

① Selling oddly shaped vegetables reduces waste and is good for everyone.
② Ugly vegetables taste better than straight ones.
③ Farmers should grow only straight vegetables.
④ Vegetables are becoming more expensive every year.

4 細部の一つを取り上げた題を選ばない

Thanks to fast internet, some office workers no longer need to live near their companies. A number of them have moved to small towns, where houses are larger and cheaper. They work online during the day and enjoy fishing or farming after work. Towns that were losing young people welcome these newcomers. Technology is giving workers a new choice about where to live.

Which is the best title for the passage?

① How to Catch Fish After Work
② Why Houses in Cities Are Expensive
③ Working Online, Living in the Country
④ The Future of Computers and Robots

5 may を断定に変えた言い過ぎを消す

Laughing is more than a sign of happiness. When we laugh, we breathe deeply, and our muscles relax afterward. Some doctors say that laughing may lower stress and help people feel less pain. It also brings people closer; friends who laugh together tend to trust each other more. A good laugh costs nothing, yet it may support both our bodies and our relationships.

What is the main idea of the passage?

① Doctors have proved that laughing cures pain.
② Laughing may be good for our health and our ties with others.
③ Friends should tell each other more jokes.
④ Breathing deeply is the best way to relax.

6 but の後ろと最後の文を合わせて読む

Small pictures called emoji make text messages friendlier, but they do not always carry the same meaning. A face that looks like it is smiling to one person may look like it is laughing at someone to another. Age and culture can change how a picture is understood. When a message is important, it is safer to explain your feelings in words as well.

What is the main idea of the passage?

① Emoji should never be used in messages.
② Young people use more emoji than older people.
③ Emoji were first created to make messages shorter.
④ Emoji can be misunderstood, so words are needed for important messages.

7 本文と逆の内容を含んでいる題を消す

A large machine moves back and forth, laying down thin lines of concrete. In about two days, the walls of a small house are finished. Building with 3D printers needs fewer workers and wastes less material than usual methods. Such houses could be built quickly after disasters. There are still questions about how long they last, but the idea is attracting attention.

Which is the best title for the passage?

① Printing a House: A New Way to Build
② How Concrete Is Made
③ Why 3D-Printed Houses Last Forever
④ Jobs That Machines Cannot Do

8 前半と後半の両方を含む選択肢を選ぶ

Some travelers now spend part of their holiday doing volunteer work, such as planting trees or teaching children. They say it lets them meet local people in a way ordinary sightseeing cannot. However, short visits by untrained volunteers sometimes cause extra work for the community. Before joining, travelers should check whether the project is really wanted by the people living there.

What is the main idea of the passage?

① Volunteer trips are the best way to enjoy a holiday.
② Untrained volunteers always cause problems.
③ Volunteer travel has good points, but travelers must make sure it truly helps local people.
④ Planting trees is more useful than teaching children.

9 問題ではなく解決まで含む題を選ぶ

In many parts of Japan, the number of empty houses is growing as people move away or grow old. Left alone, these houses can become dangerous. Some towns are now repairing them and renting them cheaply to young families and artists. A house that was a problem becomes a home again, and the neighborhood gains new members. Old buildings can be a resource.

Which is the best title for the passage?

① Why Young Families Leave Small Towns
② Giving Empty Houses a Second Life
③ The Dangers of Living in Old Buildings
④ How Artists Choose Where to Live

10 説の一つと全体の結論を区別する

Why do we yawn? Many people think it means we are bored or need more oxygen, but scientists are not so sure. One idea is that a yawn cools the brain and helps us stay awake. Another is that it sends a signal to others in a group. No single explanation has been accepted yet. This everyday action is still a mystery.

What is the main idea of the passage?

① We yawn because we are bored.
② Yawning cools the brain and keeps us awake.
③ Yawning is a bad habit that we should stop.
④ The reason people yawn has not been clearly explained yet.

11 問題・解決・結果を一文にまとめる

In Japan, teachers have long coached school clubs after class and on weekends. This leaves them little time to prepare lessons or rest. To solve this, some cities have begun asking local sports clubs and retired players to coach instead. Students can learn from experts, and teachers get their weekends back. There are costs to work out, but the change is spreading.

What is the main idea of the passage?

① Having people in the community coach school clubs is spreading and helps both students and teachers.
② Teachers in Japan do not want to teach lessons.
③ School clubs should be stopped on weekends.
④ Retired players are better at teaching than school teachers.

12 however の後ろで中心の話題をつかむ

Today salt is cheap, and we hardly think about it. Long ago, however, it was so valuable that in some places it was traded for gold. Before refrigerators, salt was the main way to keep meat and fish from going bad, so people needed it to live through winter. Roads were built just to carry it. This simple white powder once shaped trade and travel.

Which is the best title for the passage?

① How to Keep Fish Fresh Without a Refrigerator
② Why Salt Is Bad for Your Health
③ When Salt Was a Treasure
④ The History of Money

13 正しいが要旨ではない選択肢を消す

Typing notes on a laptop is fast, but it may not be the best way to learn. Students who type tend to copy the teacher's words exactly without thinking. Those who write by hand cannot keep up, so they have to choose the key points and put them in their own words. This extra effort seems to help them understand and remember the lesson better.

What is the main idea of the passage?

① Laptops should not be allowed in classrooms.
② Taking notes by hand may lead to better learning than typing.
③ Students who type are faster than those who write.
④ Teachers should speak more slowly in class.

14 いくつも並んだ利点をまとめる題を選ぶ

On top of an office building downtown, workers pick lettuce during their lunch break. Rooftop gardens like this are appearing in many cities. The plants keep the building cooler in summer, which lowers electricity bills. The vegetables travel only a few floors to the company restaurant, so they are fresh. The gardens also give busy workers a rare chance to touch soil.

Which is the best title for the passage?

① How to Grow Lettuce at Home
② Why Office Workers Skip Lunch
③ Saving Electricity in Summer
④ The Many Benefits of Gardens on City Roofs

15 例そのものではなく例が示す考えを選ぶ

A door that opens automatically helps a person in a wheelchair, but it also helps a parent pushing a baby and a traveler pulling a suitcase. This is the idea behind universal design: making things easy for as many people as possible from the start. Wide ticket gates and signs with pictures are other examples. Good design for some people often turns out to be good for all.

What is the main idea of the passage?

① Automatic doors were invented for people in wheelchairs.

② Signs with pictures are easier to read than words.

③ Designing things to be easy for many kinds of people benefits everyone.

④ Travelers with suitcases need more help at stations.

16 話題の中心になる語が入った題を選ぶ

Some companies have started holding meetings while walking outside instead of sitting around a table. Walking sends more blood to the brain, and people often come up with fresh ideas. Because nobody can look at a computer, everyone listens more carefully. The meetings also tend to finish sooner. This style does not suit large groups, but for two or three people it works well.

Which is the best title for the passage?

① Meetings on Foot: A Simple Way to Think Better

② Why Computers Make Meetings Longer

③ How to Lead a Large Group

④ Walking as the Best Exercise

17 yet の後ろにある筆者の主張を読む

A small fishing village became famous after its photos spread on social media. Soon thousands of visitors arrived every weekend. Shops earned more money, but the narrow streets were filled with cars and trash, and some residents could not even get on the local bus. The village now limits the number of visitors per day. Tourism brings income, yet it must be balanced with daily life.

What is the main idea of the passage?

① Social media is dangerous for small villages.

② Tourism should be managed so that it does not harm residents' lives.

③ Tourists should stop visiting fishing villages.

④ Shops in the village earned a lot of money.

18 In other words の後ろのまとめを読む

Leaves are green in summer because they are full of a green substance that turns sunlight into food. In autumn, days become shorter and cooler, and trees stop making it. As the green fades, yellow and orange colors that were hidden in the leaves all along finally appear. In other words, autumn colors are not added to leaves; they are uncovered.

What is the main idea of the passage?

① Trees make new yellow and orange colors when it gets cold.
② Leaves turn sunlight into food in summer.
③ Autumn colors appear because the green that covered them disappears.
④ Days are shorter in autumn than in summer.

19 最後の一文の含みまで題に反映させる

When a toaster or a lamp stops working, most of us simply buy a new one. At a 'repair cafe,' however, volunteers who are good with tools help visitors fix broken things for free. Visitors learn how their machines work, and less waste goes to the dump. Neighbors who had never talked share coffee while they wait. Fixing things together repairs more than objects.

Which is the best title for the passage?

① How to Choose a New Toaster
② The Best Coffee in the Neighborhood
③ Why Machines Break So Easily
④ Repair Cafes: Fixing Things and Building Community

20 Some を All に変えた選択肢を消す

Winter is a hard time for many animals because food is difficult to find. Some, such as certain bears and squirrels, solve this problem by sleeping for months. Their body temperature drops and their hearts beat slowly, so they use very little energy. They live on the fat they stored in autumn. This long sleep is a clever way to survive until spring.

What is the main idea of the passage?

① Some animals get through winter by sleeping and saving energy.
② All animals sleep through the winter.
③ Bears eat a lot of food in autumn.
④ Winter is getting colder every year.

21 最後のまとめを言い換えた文を選ぶ

Many schools now ask students to read silently for ten minutes before the first class. Teachers do not give tests on the books, and students can choose anything they like. After a few months, teachers notice that classes begin more calmly. Students also say they have started reading at home. A short, free reading time each day seems to change habits both in and out of school.

What is the main idea of the passage?

① Students should be tested on the books they read.

② A daily reading time, though short, can have good effects on students.

③ Teachers choose better books than students do.

④ Students read at home because their classes are calm.

22 体験談の最後の一文から題を決める

When I moved to Germany, I could not say much in German. I joined a local soccer team anyway. On the field, I learned words like "pass" and "shoot" by hearing them again and again. My teammates invited me to dinner, and I learned more there. A year later, I was speaking without fear. Sport gave me a classroom that no school could.

Which is the best title for the passage?

① The Rules of Soccer in Germany

② Why German Is Difficult to Learn

③ My Favorite Dinner with Teammates

④ Learning a Language Through Sport

23 筆者の呼びかけを要旨として選ぶ

Ordering things online is easy, but each package must be carried to our door by someone. When we are not at home, the driver has to come again, which wastes fuel and time. We can help by choosing a delivery time when we are sure to be in, or by picking up packages at a locker. Convenience for us should not mean extra work for others.

What is the main idea of the passage?

① Online shoppers should try to make deliveries easier for drivers.

② Online shopping wastes more fuel than going to stores.

③ Drivers should leave packages at the door when nobody is home.

④ Lockers are the only good way to receive packages.

24 仕組みの説明全体を覆う題を選ぶ

Dolphins must come to the surface to breathe, so they cannot sleep the way we do. Instead, they rest one half of the brain at a time. The other half stays awake, keeps one eye open, and reminds the body to breathe. After a while, the two halves change roles. In this way, dolphins get rest without ever sleeping completely.

Which is the best title for the passage?

① Why Dolphins Have Large Brains

② How Dolphins Find Food at Night

③ How Dolphins Rest Without Fully Sleeping

25 心配と対策の両方を含む文を選ぶ

Maps on our phones tell us exactly where to turn, and we no longer need to remember the way. Some researchers worry that this makes our sense of direction weaker. People who always follow a screen may not notice the buildings and signs around them. Using a paper map once in a while, or guessing the way before checking, may keep this ability alive.

What is the main idea of the passage?

① Paper maps are more correct than phone maps.

② Researchers have shown that phones damage the brain.

③ People should stop using phone maps completely.

④ Depending on phone maps may weaken our sense of direction, but we can keep it with some effort.

26 Yet の後ろで中心の話題をつかむ

Sora Town has no train station and only one traffic light. Yet every October, thousands of visitors arrive for its Scarecrow Festival. Each family builds a funny scarecrow and places it along the main road. Visitors vote for their favorite, and local farmers sell fresh rice and vegetables. The event began as a joke among neighbors, and it now supports the town's economy.

Which is the best title for the passage?

① How to Build a Scarecrow

② A Small Town's Big Festival

③ Why Sora Town Needs a Station

④ The Best Rice in Japan

27 My message の後ろを要旨と読む

Notes for my speech: Many of us say "I have no time," but is that true? Last week I wrote down everything I did for three days. I found that I spent almost two hours a day just looking at short videos. I did not feel that time at all. My message: before saying you are busy, check where your time really goes.

What is the main idea of the notes?

① We should find out how we actually spend our time before saying we are busy.

② Short videos should be banned for students.

③ Writing down everything for three days is very hard.

④ Students today are busier than students in the past.

28 決定を伝える文の言い換えを選ぶ

Dear students,
Thank you for the many ideas for the school trip. Some of you chose the big city, and others the mountains. Since the votes were almost equal, we teachers have decided on a plan that includes both: two days in the city and one day of hiking. I hope this satisfies as many of you as possible.
— Mr. Abe

What is the main idea of the email?

① The teachers chose the city because it got more votes.
② The trip will combine the two popular choices.
③ Students must vote again to decide the place.
④ The hiking plan was canceled by the teachers.

29 長所と短所の両方を含む文を選ぶ

I bought the Yama Guide hiking app before my trip. Its maps are clear, and it works without an internet connection, which is a big advantage in the mountains. On the other hand, it uses a lot of battery, and my phone died before I got back. The app is excellent, but only if you carry an extra battery with you.

What is the main idea of the review?

① The app is useless in the mountains.
② The app's maps cannot be read without the internet.
③ The app is good, but users need extra power to rely on it.
④ Hikers should not take phones to the mountains.

30 原因と結果を結び付けた題を選び出す

In the past, people in snowy regions of Japan could not grow crops in winter. To earn money, many families made things by hand indoors, such as paper, cloth, and wooden toys. The skills were passed from parents to children. Today, some of these products are known across the country. Long, hard winters helped to create the local crafts we admire now.

Which is the best title for the passage?

① How Snowy Winters Gave Birth to Local Crafts
② Why Farmers Dislike Snow
③ How to Make Wooden Toys at Home
④ The Coldest Regions of Japan

31 お知らせの目的を述べた文を読む

Starting in September, the school will introduce "Quiet Wednesdays." On that day, there will be no club activities and no homework. We hope students will use the time to rest, talk with their families, or enjoy a hobby. Teachers will also go home earlier. A regular break in the middle of the week should help everyone work better on the other days.

What is the main idea of the notice?

① Clubs will be stopped because students are too tired.

② A weekly day of rest is being introduced to help students and teachers.

③ Students must spend Wednesdays with their families.

④ Teachers will give more homework on the other days.

32 問題と解決を一つにまとめた文を選ぶ

Teachers often put students into groups, but group work does not always go well. One or two members may do everything while the others simply watch. In my experience, the answer is to give each person a clear role, such as leader, note-taker, or timekeeper. When everyone has a job, nobody can hide, and the group learns far more.

What is the main idea of the passage?

① Group work should be stopped because it is unfair.

② The leader should do most of the work in a group.

③ Teachers should make groups smaller.

④ Giving every member a role makes group work successful.

33 活動の内容と目的を両方含む題を選ぶ

Second Page is an online shop run by high school students. People in the neighborhood donate books they have finished, and the students clean them, take photos, and sell them on the site. All the money is used to buy picture books for a children's hospital. The students say they are learning about business and helping sick children at the same time.

Which is the best title for the passage?

① How to Take Good Photos of Books

② A Hospital Built by Students

③ Students Selling Used Books for a Good Cause

④ Why Teenagers Read Fewer Books

34 問題への対策と効果を一文にまとめる

Baby sea turtles are born on beaches at night. They find the sea by moving toward the brightest place, which is naturally the moonlit water. Lights from hotels and roads confuse them, and many walk the wrong way. In some towns, people now turn off beach lights during this season. A small effort by humans gives the young turtles a much better chance.

What is the main idea of the passage?

① Baby turtles are born only on moonlit nights.
② Hotels should not be built near the sea.
③ Reducing lights near beaches helps baby turtles reach the sea.
④ Sea turtles are disappearing because the sea is getting warmer.

35 予想と実際の違いから結論を読む

We asked 150 students what they wanted most from a new school website. We expected them to choose photos or videos of events. In fact, the top answer was a page showing each day's homework and test dates. The second was the lunch menu. Students clearly want a site that is useful every day, not one that only looks nice.

Which is the best title for the report?

① How to Take Photos of School Events
② Why Students Dislike Homework
③ The Most Popular School Lunch
④ Students Want a Practical School Website

36 But の後ろの意外な発見をつかむ

My grandfather cannot use a smartphone well, so last month I began teaching him. I thought I would be the only teacher. But while I showed him how to send photos, he told me stories about each picture: the old house, his first job, my mother as a baby. I taught him a tool, and he taught me our family's history.

What is the main idea of the passage?

① Teaching the grandfather became a chance for the writer to learn from him, too.
② Old people cannot learn to use smartphones.
③ The grandfather took many photos with his new phone.
④ Young people should teach technology at school.

37 Soon, however の後ろの変化を読む

A junior high school stopped ringing bells between classes last year. At first, students were often late, and teachers worried. Soon, however, students began checking the clock by themselves and moving before anyone told them. Teachers noticed that classes started more smoothly than before. Taking away the bell taught students to manage their own time.

Which is the best title for the passage?

① Why Students Are Late for Class
② No Bells, More Responsibility

38 but の後ろの筆者の立場を読む

Before buying something online, most of us read the reviews. But reviews can be misleading. Some are written by people who received the product for free, and angry customers write more often than satisfied ones. I still read reviews, but I look at many of them and pay attention to the details rather than the number of stars. Reviews are a tool, not the final answer.

What is the main idea of the passage?

① Reviews are helpful only when we read them widely and carefully.
② Online reviews are all lies.
③ Angry customers write the most honest reviews.
④ The number of stars is the best guide for shoppers.

39 物語の結末から伝えたい事を読む

Kenji had practiced his speech fifty times, but on stage his mind went white. He stood silent for several seconds. Then he put his paper down and simply told the audience why he loved his town. His words were not perfect, but people leaned forward to listen. When he finished, the applause was louder than for any other speaker.

Which is the best title for the passage?

① A Perfectly Memorized Speech
② The Town Kenji Left
③ How to Write a Long Speech
④ Speaking from the Heart

40 always を足した言い過ぎを消す

Most families use a drill or a ladder only a few times a year, yet many buy their own. In some towns, a "tool library" lets people borrow such items for free or for a small fee. Members save money and storage space, and fewer products need to be made. Sharing things we rarely use is good for both our wallets and the planet.

What is the main idea of the passage?

① Sharing rarely used tools saves money and helps the environment.
② Every family should own a drill and a ladder.
③ Tool libraries are always free to use.
④ People use tools more often than they did before.

41 最後の一文の言い換えを題に選ぶ

Many people say that young people today do not read. I think this is unfair. They may buy fewer paper books, but they read messages, articles, and stories on their phones for hours every day. They write far more than their parents did, too. Reading has not disappeared; it has only changed its form.

Which is the best title for the passage?

① Why Paper Books Are Better
② Parents Who Do Not Read
③ How to Write Messages Quickly

解答・解説

1 (2) 全体は自転車の共有の仕組みと、街（渋滞や大気汚染が減る）と観光客の両方への利点を述べているので2が正解。1と3は文中の一部だけ。4は広過ぎるうえ、歴史は書かれていない。

2 (4) 最後の文 The plan has helped the whole community がまとめで、費用・食べ残し・農家の3つの利点を覆う4が正解。1は always が言い過ぎ。2は最初の心配だけ。3は書かれていない。

3 (1) 問題（形が悪いと売れずに捨てられる）→解決（安く売る）→まとめ（農家・客・環境に良い）の流れを覆う1が正解。2は taste the same と違う。3は逆の内容。4は書かれていない。

4 (3) 全体は「通信のおかげで、会社から離れた小さな町に住んで働ける」という話で、最後の文がまとめ。3が合う。1の釣りは細部の一つ。2は書かれていない。4は広過ぎ、ロボットは出てこない。

5 (2) 最後の文の support both our bodies and our relationships を言い換えた2が正解。1は may を proved に変えた言い過ぎ。3は書かれていない。4は細部を大きくしたもの。

6 (4) but の後ろ（意味がいつも同じとは限らない）と最後の文（大切なときは言葉でも説明する）を合わせた4が正解。1は never が言い過ぎで、使うなとは言っていない。2と3は書かれていない。

7 (1) 全体は3Dプリンターで家を建てる方法とその利点の紹介なので1が正解。2はコンクリートの作り方で、書かれていない。3は「どれだけ持つかはまだ疑問」という本文と逆。4は話題が違う。

8 (3) 前半の良い点と、However の後ろの問題点・助言の両方を含む3が正解。1は前半だけで best は言い過ぎ。2は sometimes を always に変えた言い過ぎ。4の比較は書かれていない。

9 (2) 空き家を直して貸し、再び家として生かすという全体の流れを表す2が正解。3は危険という問題の部分だけ。1は町を離れる理由で、中心ではない。4は artists という語だけを拾ったもの。

10 (4) No single explanation has been accepted yet から4が正解。1は多くの人の考えで、科学者は疑っている。2はいくつかある説の一つに過ぎない。3は書かれていない。

11 (1) 問題（先生に時間がない）→解決（地域の人が指導）→利点（生徒と先生の両方）→広がり、を覆う1が正解。2と3は書かれていない。4は experts という語から作った言い過ぎの比較。

12 (3) however の後ろから「昔、塩はとても貴重だった」という話が続くので3が正解。1は保存の方法という一部だけ。2の健康の話は書かれていない。4は gold から連想した広過ぎる題。

13 (2) 1文目の but の後ろと、最後の文（手書きの手間が理解と記憶を助ける）から2が正解。1は禁止までは言っていない。は書かれていない。

14 (4) 屋上の畑の利点が、涼しさ・新鮮な野菜・土に触れる機会と3つ並ぶので、まとめて表す4が正解。3は利点の一つだけ。1は家での育て方、2は昼食を抜く話で、どちらも書かれていない。

15 (3) This is the idea behind universal design の説明と、最後の文 good for all から3が正解。1の発明の理由は書かれていない。2と4は例を取り出して変えたもので、全体の主張ではない。

16 (1) 歩きながらの会議と、その利点（良い考えが出る・よく聞く・早く終わる）が中心なので1が正解。4は運動の話で会議が抜けている。3は大人数には向かないという本文と合わない。2は書かれていない。

17 (2) 最後の文 it must be balanced with daily life を言い換えた2が正解。4は本文にあるが利点の一部だけ。1と3は言い過ぎで、本文は観光をやめろとは言わず、人数を制限している。

18 (3) In other words の後ろ「色は足されるのではなく、現れる」がまとめで、3が正解。1は hidden ... all along（元からあった）と逆。2と4は本文にある事実だが、途中の説明の一部だけ。

19 (4) 修理カフェの紹介と、物が直るだけでなく近所の人のつながりも生まれるという最後の文を表す4が正解。1は買い替えの話で逆。2は coffee だけを拾ったもの。3の壊れる理由は書かれていない。

20 (1) 食べ物のない冬を、長く眠ってエネルギーを節約して乗り切るという全体をまとめた1が正解。2は Some を All に変えた言い過ぎ。3は細部から想像した内容。4は書かれていない。

21 (2) 最後の文の「短い読書の時間が学校の内と外で習慣を変える」を言い換えた2が正解。1は「テストはしない」と逆。3は書かれていない。4は因果関係を勝手に作っている。

22 (4) 全体は「サッカーを通じてドイツ語を身に付けた」体験で、最後の文がまとめ。4が合う。1のルールや2の難しさは書かれていない。3の夕食は細部の一つ。

23 (1) 最後の文「私たちの便利さが他人の余分な仕事になってはいけない」と、その前の具体的な方法を覆う1が正解。2の比較は書かれていない。4は only が言い過ぎ。

24 (3) 全体は「脳を半分ずつ休ませて、完全には眠らずに休む」仕組みの説明で、最後の文がまとめ。3が合う。1・2・4は本文に書かれていない内容。

25 (4) 前半の心配（方向の感覚が弱まるかもしれない）と、後半の対策を両方含む4が正解。2は worry を have shown に変えた言い過ぎ。3も completely が言い過ぎ。

26 (2) 駅も無い小さな町に、祭りで大勢の人が来て経済を支えている、という話。2が全体を表す。1の作り方、3の駅の必要、4の米の評価は書かれていない。

27 (1) My message: の後ろがまとめで、「忙しいと言う前に時間の使い道を確かめよう」を言い換えた1が正解。2の禁止

28 (2) a plan that includes both（両方を含む計画）を combine the two popular choices と言い換えた2が正解。1は票がほぼ同じだったので違う。3と4は書かれていない。

29 (3) On the other hand の前（地図が良い）と後ろ（電池を使う）を、最後の文がまとめている。両方を含む3が正解。1は excellent と逆。2は「接続が無くても使える」と逆。

30 (1) 「長い冬に家の中で物を作った事が、今の工芸品を生んだ」という最後の文をまとめた1が正解。3の作り方や4の地域の比較は書かれていない。2も本文に無い。

31 (2) 最後の文の「週の真ん中の休みが皆の助けになる」と、生徒と先生の両方に触れている事から2が正解。3は must が言い過ぎで、休息や趣味でもよい。4は書かれていない。

32 (4) 問題（一部の人だけが働く）→解決（全員に役目を与える）→結果（皆が学ぶ）を覆う4が正解。1の「やめるべき」とは言っていない。2は逆の内容。

33 (3) 生徒が古本を売り、その売上で病院の子どもに絵本を買う、という活動の全体を表す3が正解。1の写真は作業の一つ。2と4は書かれていない。

34 (3) 問題（明かりで迷う）→対策（明かりを消す）→最後の文（小さな努力で助かる）を覆う3が正解。1の only や2の主張、4の水温の話は書かれていない。

35 (4) In fact の後ろと最後の文が大事。「見た目より毎日役立つサイトを望んでいる」をまとめた4が正解。1は予想が外れた方の内容。2と3は細部を広げたもの。

36 (1) 最後の文「私は道具を教え、祖父は家族の歴史を教えてくれた」を言い換えた1が正解。2は、祖父は今習っている最中で、できないとは言っていない。3と4は書かれていない。

37 (2) ベルをやめたら、生徒が自分で時間を管理するようになった、という話。最後の文と合う2が正解。1は最初の一時的な問題。3と4は書かれていない。

38 (1) 最後の文「レビューは道具で、最終の答えではない」と、その前の「数多く、細かく読む」を合わせた1が正解。2は all が言い過ぎ。3は書かれておらず、4は本文と逆。

39 (4) 覚えた原稿を置き、自分の言葉で語ったら一番大きな拍手をもらった、という話。4が合う。1は逆で、暗記した通りには話せなかった。2と3は書かれていない。

40 (1) 最後の文の good for both our wallets and the planet を言い換えた1が正解。2は本文の考えと逆。3は「無料か少しの料金」なので always が言い過ぎ。4は書かれていない。

41 (4) I think this is unfair の後ろが主張で、最後の文「読む事は消えたのではなく形を変えた」がまとめ。4が合う。1は筆者の考えと違い、2と3は書かれていない。

問題・解説は原田英語のオリジナルです。印刷して、学校や塾で配っていただいて構いません。ウェブで解くと、選んだ瞬間に解説が出ます → haradaeigo.com/kyote/quiz/