



The Day the Torch Came to Tokyo

Read the story. 英文を読もう。

Class _____ No. _____ Name _____

① On October 10, 1964, a young runner carried a torch into a huge stadium in Tokyo. His name was Yoshinori Sakai, and he was a college student. He was born in Hiroshima on August 6, 1945, the day of the atomic bomb. When he lit the Olympic flame, the crowd in the stadium cheered. It was the first Olympic Games in Asia.



② Two years later, Japan made October 10 a national holiday to remember that day. It was called Taiiku no Hi, or Health and Sports Day. Taiiku means physical education, like the PE class at school. In 2000, the holiday moved to the second Monday of October. So now most people enjoy a three-day weekend.

③ In 2020, the holiday got a new name, Sports no Hi, or Sports Day. Many people felt that the word sports sounds more fun and free than PE. The law now says the day is for enjoying sports and respecting other people. That year, Tokyo planned to host the Olympics again, so the holiday moved to July 24. But the Games were delayed for one year, and that October had no holiday at all!

④ How do people spend the day? In October, many schools and towns hold an undokai, a sports festival. Children run relays, play tug of war, and throw small balls into a high basket. Families sit on picnic mats and share big boxes of lunch. Some cities also open their gyms and pools for free.

⑤ Sports Day is a good day to try something new. You do not need to be fast or strong. You can take a walk, ride a bike, or play catch with a friend. Just remember the simple rule in the law. Have fun, and be kind to others.

Words 単語

torch たいまつ、トーチ

stadium 競技場、スタジアム

national holiday 国民の祝日

physical education 体育

ceremony 式、儀式

respect 尊重する、大切にする

relay リレー

tug of war 綱引き

festival 祭り、祭典

compete 競う

host (大会などを) 主催する、開く

delay 遅らせる、延期する



Reading Check

Choose the best answer. 正しいものを選ぼう。

Class _____ No. _____ Name _____

1. What is the passage mainly about?

- (A) How to win a relay race at school
(B) The story and meaning of Sports Day in Japan
(C) The life of a famous Olympic swimmer
(D) Why Japan has no holidays in October

2. When was the opening ceremony of the Tokyo Olympics?

- (A) August 6, 1945
(B) July 24, 2020
(C) October 10, 1964
(D) The second Monday of October, 2000

3. Why did the holiday move to July 24 in 2020?

- (A) Because October was too cold
(B) Because Tokyo planned to host the Olympics
(C) Because schools had an undokai
(D) Because the name changed to PE Day

4. Since when has the holiday been on the second Monday of October?

- (A) Since 2000
(B) Since 1964
(C) Since 1966
(D) Since 2021

5. In paragraph 3, the word respecting is closest in meaning to ____.

- (A) beating
(B) forgetting
(C) following
(D) caring about

6. Which is true about the passage?

- (A) Yoshinori Sakai was born in Tokyo.
(B) The 1964 Games were the first Olympics in Asia.
(C) Every city opens its pools for free.
(D) Taiiku means a big lunch box.

7. Why did October 2020 have no holiday at all?

- (A) Because the holiday that year was moved to July
(B) Because the Olympics were held in October
(C) Because people did not like sports
(D) Because Monday was a school day

8. In the dialogue, what will Olivia bring to the undokai?

- (A) A medal
(B) A lunch box
(C) Her running shoes
(D) A red and white flag

True or False? 正しいければ T、ちがえば F に○

Sports Day started with the 1964 Tokyo Olympics.	T / F
Sports Day is always on October 10.	T / F
The old name of the holiday was Health and Sports Day.	T / F
In 2020, the holiday was on July 24.	T / F
Yoshinori Sakai was born in Osaka.	T / F
At an undokai, every winner gets a gold medal.	T / F



Word Work

Words & phrases. 単語のれんしゅう。

Class _____ No. _____ Name _____

① Match the pictures and the words. 絵と単語を線で結ぼう。



●

● flags



●

● fire



●

● lunch box



●

● medal



●

● bike



●

● soccer



●

● swim



●

● run

② Unscramble the words. 文字を並べ替えて単語にしよう。

1. H C O R T

2. Y A L E R

3. D L A M E

4. M I D T U S A

5. C E R E P T S

6. H O L D Y A I

③ Fill in the blanks. 語群から選んで () に入れよう。

baton

red

quiet

watched

winter

swim

day

relay

fast

tug

undokai

Sunday

proud

Mika's Big Race

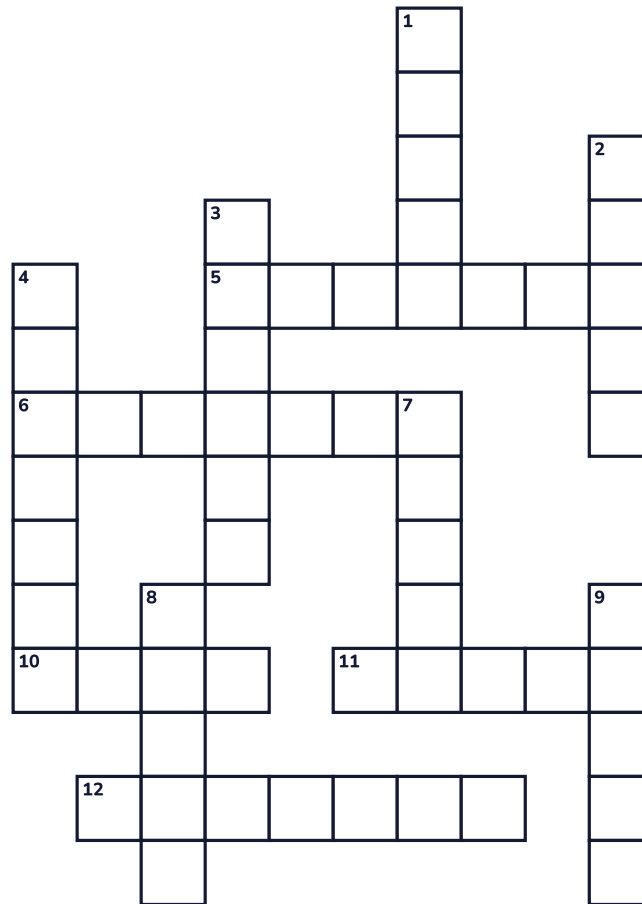
On (1) _____, Mika's school had its (2) _____. Mika was on the (3) _____ team. Her family sat on a mat and (4) _____ from the side. First, everyone pulled the rope in the (5) _____ of war. Then it was time for the (6) _____. Mika held the (7) _____ tightly and ran as (8) _____ as she could. Her team did not win, but she was (9) _____ of her friends. At lunch, they shared rice balls and laughed. It was a happy (10) _____.



Crossword Puzzle

Read the clues and fill in the puzzle. ヒントを読んで、クロスワードを完成させよう。

Class _____ No. _____ Name _____



Across →

- 5 The tenth month of the year. (7)
- 6 A very big place for sports with many seats. (7)
- 10 A group of players. Red or white at an undokai. (4)
- 11 The fire that burns during the Olympic Games. (5)
- 12 A day with no school or work for most people. (7)

Down ↓

- 1 The capital city of Japan. It hosted the Games in 1964. (5)
- 2 A runner carries this fire stick into the stadium. (5)
- 3 The holiday is on this day of the week. (6)
- 4 To care about other people and treat them well. (7)
- 7 Winners at the Olympics get this round prize. (5)
- 8 The short stick that runners pass in a team race. (5)
- 9 A race for a team. Runners pass a stick. (5)



Word Search

Find the hidden words. かくれた単語を探そう (→ ↓ ↘ ↗)。

Class _____ No. _____ Name _____

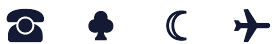
A	T	O	R	C	H	S	R	Y	M	R	W	A
M	T	O	K	Y	O	B	J	T	E	E	C	D
D	S	T	A	D	I	U	M	Y	D	L	J	E
A	L	B	T	K	O	F	T	D	A	A	W	B
E	I	A	K	Y	C	H	J	T	L	Y	P	W
T	A	T	Y	F	T	O	S	P	O	R	T	S
P	T	O	D	L	O	L	F	E	T	A	K	G
U	M	N	S	A	B	I	N	N	T	U	C	U
L	B	O	N	M	E	D	W	N	L	N	H	R
N	W	J	N	E	R	A	T	K	L	Y	K	A
G	B	C	Y	D	T	Y	U	E	B	B	R	C
U	B	O	I	W	A	C	Y	J	A	G	K	E
C	I	I	D	B	C	Y	I	D	C	M	W	G

Find these words! 13

- ☐ BATON
- ☐ FLAME
- ☐ HOLIDAY
- ☐ MEDAL
- ☐ MONDAY
- ☐ OCTOBER
- ☐ RACE
- ☐ RELAY
- ☐ SPORTS
- ☐ STADIUM
- ☐ TEAM
- ☐ TOKYO
- ☐ TORCH

Secret Code 暗号を解こう！記号を文字に直すと、メッセージが出てくるよ。

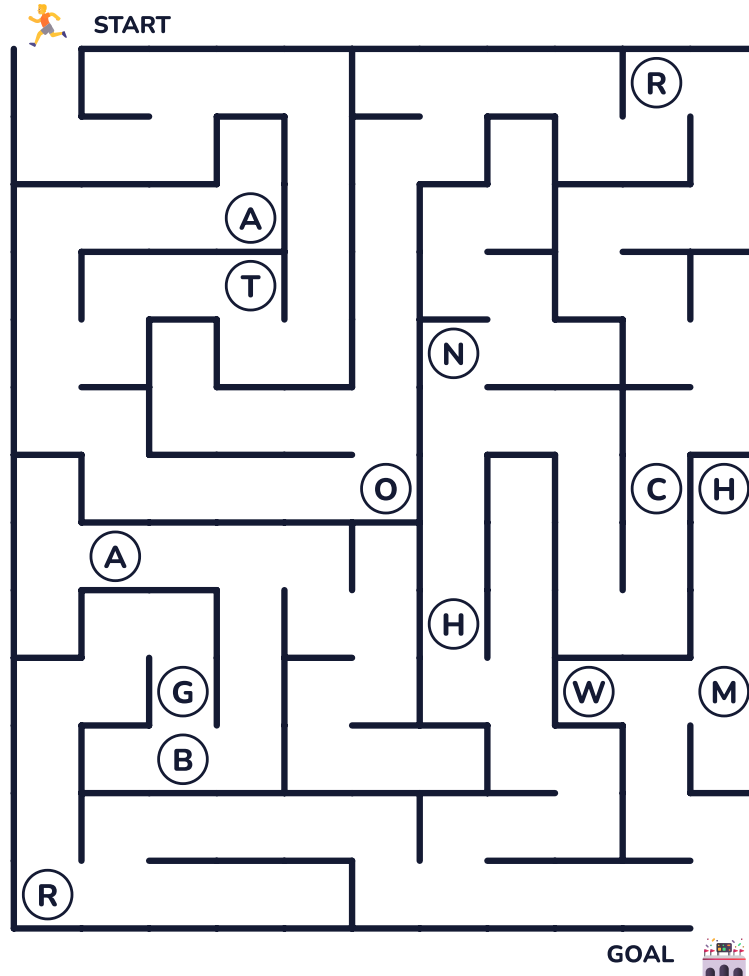






Help Haruto carry the torch to the stadium!

Collect the letters on the right path. What is the secret word? 正しい道の文字を集めると、ひみつの言葉になるよ。



Secret word: _____

Put the words in order. 並べ替えて正しい文にしよう。

1. Japan / Day / in / is / national / Sports / holiday / a .

2. It / Tokyo / the / Olympics / started / with .

3. sports / schools / Many / have / October / a / in / festival .

4. relays / run / of / tug / war / We / and / play .

5. sports / each / enjoy / respect / other / and / Let's .



Class Activity & Writing

Class _____ No. _____ Name _____

Find Someone Who... クラスで聞いて回ろう！ Ask: "Do you ...?" / "Have you ...?"

Find someone who ...	Name
... has run in a relay	
... likes tug of war	
... can swim 50 meters	
... knows the year of the first Tokyo Olympics	
... has watched a game in a stadium	
... likes to ride a bike	
... can name three Olympic sports in English	
... has been on the red team at an undokai	

Let's Write! 英語で書いてみよう。

On Sports Day, I want to try _____ because _____.

My best memory of an undokai is _____.

To respect other players, I will _____.



Trace & Color

Trace the words. Then color the picture! なぞって書こう。絵に色を塗ろう。

Class _____ No. _____ Name _____



run



medal



fire



soccer

