



Autumnal Equinox Day

Word Bingo

先生が読んだ単語に○。たて・よこ・ななめにそろえば
BINGO!

Class _____ No. _____ Name _____

Card A

observatory	remember	night	sunset	equinox
red flower	flower	exactly	pray	harvest
east	bean	 FREE	moon	chestnut
autumnal	poisonous	grave	autumn	west
day	rice	autumn leaf	announce	telescope

✂ -----

Card B

red flower	bloom	day	east	exactly
moon	flower	pray	autumn leaf	harvest
chestnut	rice plant	 FREE	grave	remember
autumn	equinox	night	sunset	announce
west	telescope	paste	rice	bean

先生用（読み上げる単語）：equinox, autumnal, exactly, observatory, announce, ancestor, remember, grave, paste, pray, bloom, poisonous, sunset, autumn leaf, red flower, rice plant, chestnut, telescope, night, autumn, west, east, flower, harvest, bean, rice, day, moon



Autumnal Equinox Day Board Game

3〜4人で。さいころをふって進もう！★のマスに止まったら、下の課題に英語で答えよう。

Class _____ No. _____ Name _____

25	26 Back 3	27	28 ★10	29	30 GOAL
24 ★9	23	22 ★8	21	20 Go 3	19
13 ★5	14	15	16 ★6	17	18 ★7
12	11 Back 2	10 ★4	9	8 ★3	7
1 START	2	3 ★1	4	5 ★2	6

★1 Say: "Today is Autumnal Equinox Day, a national holiday in Japan."

★2 Say: "On this day, day and night are almost the same length."

★3 What does "equinox" mean in Japanese?

★4 What does "autumnal" mean in Japanese?

★5 What does "exactly" mean in Japanese?

★6 True or False? The law gives a fixed date for Autumnal Equinox Day.

★7 True or False? The holiday is usually on September 22 or 23.

★8 True or False? On the equinox, the sun sets exactly in the west.

★9 Spell the word: A day in March or September when day and night are almost equal.

★10 Spell the word: The season after summer. Americans often call it fall.

Back=戻る / Go=進む。答えられなかったら1回休み。消しゴムやコインをコマに使おう。



Role Play

ペアで会話を読もう。役を交代して3回！

Class _____ No. _____ Name _____

📅 It is September 23, 2026. Liam from Australia is staying with Yui's family. They are on the way to visit the family grave.

音声はここから
Listen here

- Liam** Where are we going today, Yui?
- Yui** To my grandpa's grave. Today is Autumnal Equinox Day.
- Liam** The equinox? In Australia, it's spring now!
- Yui** Oh, that's right. For us, it's the middle of Higan week.
- Liam** Higan? What's that?
- Yui** It's a Buddhist week. We remember our ancestors and visit their graves.
- Liam** I see. What's in that box?
- Yui** Ohagi. It's sweet rice with red bean paste. Grandpa loved it.
- Liam** Look at those red flowers! They look like fireworks.
- Yui** Those are higanbana. They always bloom at this time of year.
- Liam** Can I pick one for your grandpa?
- Yui** Better not. They're poisonous. Let's buy some flowers at the shop.
- Liam** Good idea. And then we can eat ohagi together?
- Yui** Of course. After we say thank you to Grandpa!

☐ 1st time ☐ 2nd time (switch roles) ☐ 3rd time (try without looking!)

Your turn! 自分たちの会話を作ろう

Liam: Where are we _____

Yui: To my grandpa's _____

Liam: The equinox? In _____

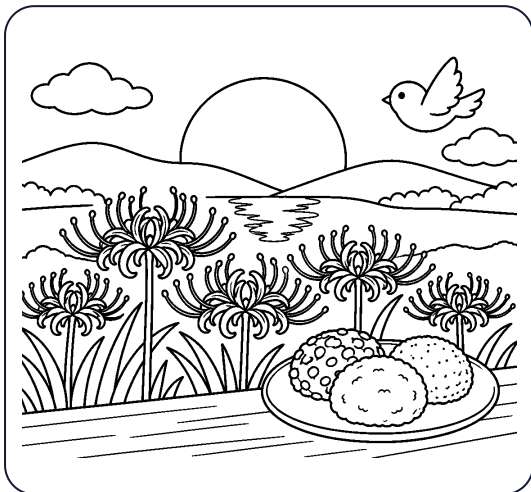
Yui: Oh, that's right. _____



Write a Autumnal Equinox Day Card

英語でカードを書こう。絵に色をぬって、メッセージを書いてプレゼントしよう！

Class _____ No. _____ Name _____



Dear _____ ,

From _____

Useful phrases 使える表現

- **Today is Autumnal Equinox Day, a national holiday in Japan.** 今日は秋分の日で、日本の祝日です。
- **On this day, day and night are almost the same length.** この日は、昼と夜の長さがほぼ同じです。
- **Many families visit their family graves during Higan week.** お彼岸の週には、多くの家族がお墓参りに行きます。
- **We eat ohagi. It's sticky rice covered in sweet red bean paste.** おはぎを食べます。もち米を甘いあんこで包んだものです。
- **After the equinox, the summer heat finally goes away.** 秋分を過ぎると、やっと夏の暑さがおさまります。
- **I hope you have a wonderful day!** すてきな1日を！
- **Thank you for always helping me.** いつも助けてくれてありがとう。



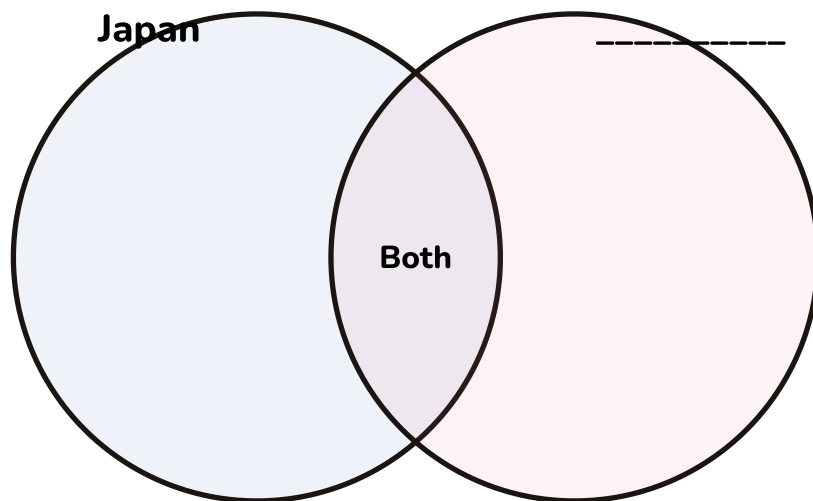
Around the World

国ごとの違いを調べて英語で書こう（サイトの「国別比較」も参考に）。

Class _____ No. _____ Name _____

Country	How do people celebrate? どう祝う？
 Mexico メキシコ	
 the United Kingdom イギリス	
 China 中国	
 South Korea 韓国	

Compare! 日本と比べよう（ベン図）



I want to visit _____ on Autumnal Equinox Day because _____.