

A Month of Fasting, a Day of Joy

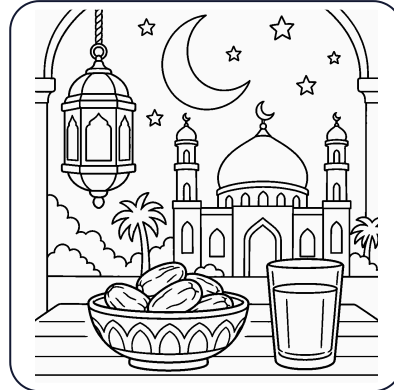
Read the story. 英文を読もう。

Class _____

No. _____

Name _____

① It is three o'clock in the morning in Cairo, Egypt. A man walks down a dark street and beats a small drum. He is waking people up for an early breakfast. It is the month of Ramadan.



② Ramadan is the ninth month of the Islamic calendar. Muslims believe that the first words of the Quran, their holy book, came to the Prophet

Muhammad in this month. So for about 30 days, many Muslims fast from dawn to sunset. They do not eat or drink anything during the day, not even water.

③ Before the sun comes up, families eat a meal called suhoor. After the sun goes down, they break the fast with a meal called iftar. Many people eat a few dates and drink some water first, just like the Prophet did. Then they share a big dinner with family and friends. During Ramadan, people also pray more and give food and money to people in need.

④ Not everyone has to fast. Children, sick people, and travelers do not need to. The Islamic calendar follows the moon, so Ramadan comes about 11 days earlier every year. Some years it is in cold winter, and some years it is in hot summer.

⑤ At the end of the month, people look for a thin new moon in the evening sky. When they see it, Ramadan is over. The next day is Eid al-Fitr, the festival of breaking the fast. People wear new clothes, pray together in the morning, and visit their relatives. Children often get money or gifts, and everyone says, Eid Mubarak!

Words 単語

fast 断食する

holy 神聖な、聖なる

Muslim イスラム教徒、ムスリム

dawn 夜明け

sunset 日没、夕日

pray 祈る

calendar 暦、カレンダー

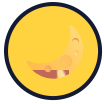
relative 親せき

in need 困っている、生活に苦しい

festival 祭り

moon 月

share 分け合う、いっしょに食べる



Reading Check

Choose the best answer. 正しいものを選ぼう。

Class _____ No. _____ Name _____

1. What is the main idea of the reading?

- (A) How to play a drum in Cairo
- (B) What Muslims do during Ramadan and how they celebrate Eid
- (C) Why the moon changes its shape
- (D) How to cook dates

2. Why is the man beating a drum at three in the morning?

- (A) He is playing in a concert.
- (B) He is celebrating Eid.
- (C) He is waking people up for an early meal.
- (D) He wants people to go to school.

3. What do many people eat first at iftar?

- (A) dates
- (B) rice cakes
- (C) cookies
- (D) bread

4. Why does Ramadan come about 11 days earlier every year?

- (A) Because people want a longer holiday.
- (B) Because winter is getting shorter.
- (C) Because the Prophet changed the date.
- (D) Because the Islamic calendar follows the moon.

5. In paragraph 2, what does fast mean?

- (A) run quickly
- (B) not eat or drink
- (C) pray at night
- (D) sleep early

6. Which sentence is true about the reading?

- (A) Children must fast every day.
- (B) Ramadan is always in summer.
- (C) People can drink water during the day.
- (D) People pray together on the morning of Eid.

7. Why do people look at the evening sky at the end of Ramadan?

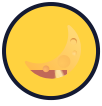
- (A) To check the weather for the festival
- (B) To find out when Eid starts
- (C) To count the stars
- (D) To see fireworks

8. In the dialogue, why is Amir not eating lunch?

- (A) He is fasting for Ramadan.
- (B) He forgot his lunch.
- (C) He is sick today.
- (D) He does not like Japanese food.

True or False? 正しいければ T、ちがえば F に○

Ramadan is a month in the Islamic calendar.	T / F
During Ramadan, people do not eat at night.	T / F
Children and sick people do not have to fast.	T / F
Ramadan is in the same season every year.	T / F
Eid al-Fitr comes after Ramadan ends.	T / F
During the day in Ramadan, people can drink water.	T / F



Word Work

Words & phrases. 単語のれんしゅう。

Class _____ No. _____ Name _____

① Match the pictures and the words. 絵と単語を線で結ぼう。



●

● mosque



●

● book



●

● gift



●

● drum



●

● sunrise



●

● rice



●

● water



●

● moon

② Unscramble the words. 文字を並べ替えて単語にしよう。

1. O M N O

2. N E S T S U

3. M U S O E Q

4. R Y P A

5. L A Y M F I

6. S H E A R

③ Fill in the blanks. 語群から選んで () に入れよう。

snow

money

village

pray

grandparents

Jakarta

station

Tokyo

angry

train

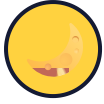
ketupat

happy

moon

Budi Goes Home for Eid

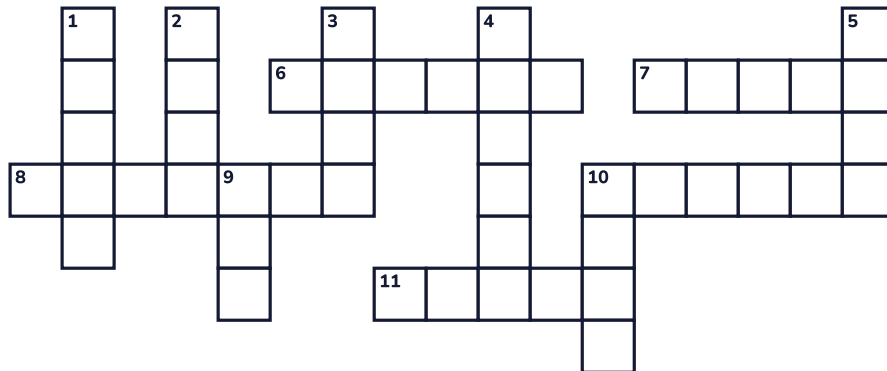
Budi works in (1) _____, a big city in Indonesia. Every year, he goes back to his (2) _____ for Eid. The (3) _____ is full of people with big bags. Budi's mother is waiting at the (4) _____. That night, the whole family looks at the (5) _____. The next morning, they (6) _____ together. Then Budi says sorry to his (7) _____ for his mistakes. They eat (8) _____, a rice cake in a leaf box. His little sister gets some (9) _____. Everyone is (10) _____.



Crossword Puzzle

Read the clues and fill in the puzzle. ヒントを読んで、クロスワードを完成させよう。

Class _____ No. _____ Name _____

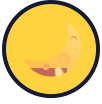


Across →

- 6** A building where Muslims go to pray. (6)
- 7** The meal after sunset in Ramadan. (5)
- 8** A light with a glass cover. People hang them on streets in Egypt. (7)
- 10** Your parents, brothers, and sisters. (6)
- 11** Sweet brown fruit. People often eat them first at iftar. (5)

Down ↓

- 1** The holy book of Islam. (5)
- 2** A present. Children get them on Eid. (4)
- 3** It shines in the night sky. It changes shape every night. (4)
- 4** The time when the sun goes down. (6)
- 5** To talk to God. (4)
- 9** The festival after Ramadan. (3)
- 10** To eat and drink nothing for some time. (4)



Word Search

Find the hidden words. かくれた単語を探そう (→ ↓ ↘ ↗)。

Class _____ No. _____ Name _____

P	O	R	B	E	B	N	P	R	A	Y	M	Y
F	E	D	C	M	W	P	U	D	S	I	E	J
A	C	I	L	A	T	E	J	P	U	F	G	V
S	F	L	D	U	E	U	U	I	H	T	Y	C
T	H	S	M	O	S	Q	U	E	O	A	I	I
I	T	C	A	U	N	N	A	K	O	R	N	P
P	C	S	U	N	S	E	T	U	R	Y	I	R
Y	B	B	D	I	A	M	O	O	N	A	W	F
J	D	A	T	E	S	B	D	A	J	F	N	A
S	M	W	W	K	C	N	C	Y	S	G	C	M
Y	D	V	G	C	M	M	A	W	N	F	A	I
S	H	A	R	E	L	A	N	T	E	R	N	L
S	J	I	D	R	N	V	F	U	P	Y	K	Y

Find these words! 13

- ☐ DATES
- ☐ DAWN
- ☐ EID
- ☐ FAMILY
- ☐ FAST
- ☐ IFTAR
- ☐ LANTERN
- ☐ MOON
- ☐ MOSQUE
- ☐ PRAY
- ☐ SHARE
- ☐ SUHOOR
- ☐ SUNSET

Secret Code 暗号を解こう！記号を文字に直すと、メッセージが出てくるよ。



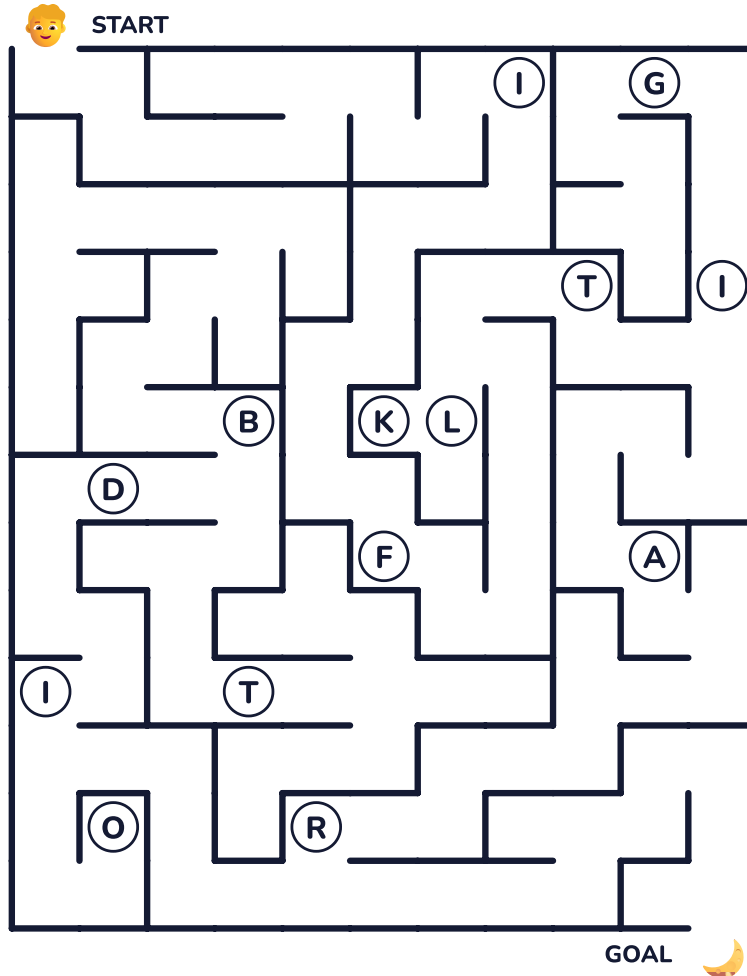


Maze & Sentences

Class _____ No. _____ Name _____

Help Amir get home for iftar!

Collect the letters on the right path. What is the secret word? 正しい道の文字を集めると、ひみつの言葉になるよ。



Secret word: _____

Put the words in order. 並べ替えて正しい文にしよう。

1. ninth / the / month / of / is / calendar / the / Ramadan / Islamic .

2. to / Muslims / from / dawn / sunset / fast .

3. fast / with / They / dates / break / the .

4. Children / money / on / get / often / Eid .

5. earlier / Ramadan / comes / every / year .

**Class Activity & Writing**

Class _____ No. _____ Name _____

Find Someone Who... クラスで聞いて回ろう！ Ask: "Do you ...?" / "Have you ...?"

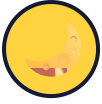
Find someone who ...	Name
... knows the name of the Islamic holy book	
... has eaten dates	
... has visited a mosque	
... can say hello in another language	
... has seen a crescent moon this month	
... likes sweets very much	
... has a friend from another country	
... knows a country where many Muslims live	

Let's Write! 英語で書いてみよう。

During Ramadan, Muslims _____. I think _____.

If my friend is fasting, I will _____ because _____.

Eid and Japanese New Year are similar because _____.



Trace & Color

Trace the words. Then color the picture! なぞって書こう。絵に色を塗ろう。

Class _____ No. _____ Name _____



moon



mosque



sunrise



drum

