



A New Year That Starts with the Sun

Read the story. 英文を読もう。

Class _____ No. _____ Name _____

① In Iran, the new year does not start at midnight. It starts at the exact moment of spring, when day and night are the same length. This moment can come in the morning, in the afternoon, or even late at night. Families sit around a special table and watch the clock together. When the moment comes, they hug and say, "Happy Nowruz!"



音声を聞こう

② Nowruz means "new day" in Persian. People have celebrated it for more than 3,000 years. Today, people celebrate it in Iran, Afghanistan, and many countries in Central Asia. In 2010, the United Nations made March 21 the International Day of Nowruz.

③ Before the new year, people clean their homes from top to bottom. On the last Tuesday night of the year, they make small fires in the street and jump over them. They ask the fire to take away their illness and bad luck.

④ The special table is called haft-sin, or "seven S's." It has seven things with names that start with the letter S in Persian. There are green sprouts, apples, garlic, vinegar, and a sweet wheat pudding. Many families also add a mirror, candles, painted eggs, and a goldfish in a bowl.

⑤ The holiday lasts for almost two weeks. Children visit relatives, and older people give them new money. On the 13th day, families go outside for a big picnic. At the end of the day, they throw their green sprouts into a river. The old year floats away, and spring is finally here.

Words 単語

moment 瞬間

exact 正確な、ぴったりの

length 長さ

Persian ペルシャの／ペルシャ語

celebrate 祝う

clean 掃除する、きれいにする

jump over ～を飛びこえる

illness 病気

sprout 芽

relative 親せき

picnic ピクニック

float 浮かぶ、たどよう



Reading Check

Choose the best answer. 正しいものを選ぼう。

Class _____ No. _____ Name _____

1. What is the main idea of the story?

- (A) Nowruz is a winter festival in Japan. (B) Nowruz is a spring New Year with many old customs.
- (C) Nowruz is a day to eat only fish. (D) Nowruz started in 2010.

2. When does the new year start in Iran?

- (A) At midnight on January 1 (B) At the exact moment of spring
- (C) At sunrise on March 1 (D) On the 13th day of spring

3. How long have people celebrated Nowruz?

- (A) For about 100 years (B) For about 300 years
- (C) For more than 3,000 years (D) Since 2010

4. What do people do on the last Tuesday night of the year?

- (A) They go on a picnic. (B) They throw sprouts into a river.
- (C) They paint eggs. (D) They jump over small fires.

5. In the story, what does "sprouts" mean?

- (A) Young green plants (B) Small fish
- (C) Sweet cakes (D) Old coins

6. Which sentence is true?

- (A) The new year always starts at the same time. (B) Haft-sin has seven things that start with S in Persian.
- (C) Children give money to older people. (D) Families stay home on the 13th day.

7. Why do people throw the sprouts into a river?

- (A) Because they do not like green food (B) Because the river needs plants
- (C) To say goodbye to the old year and welcome spring (D) To feed the goldfish

8. In the dialogue, why does Yuna say "Just like otoshidama"?

- (A) Because Arash's grandma gives everyone new money (B) Because there is garlic on the table
- (C) Because Nowruz starts at midnight (D) Because Arash lives in Japan

True or False? 正しいければ T、ちがえば F に○

- Nowruz means "new day." T / F
- Nowruz starts in winter. T / F
- Haft-sin has seven things that start with S in Persian. T / F
- People jump over water on the last Tuesday night. T / F
- On the 13th day, families go on a picnic. T / F
- Nowruz is always on March 21 in Iran. T / F



Word Work

Words & phrases. 単語のれんしゅう。

Class _____ No. _____ Name _____

① Match the pictures and the words. 絵と単語を線で結ぼう。



●

● garlic



●

● candle



●

● fire



●

● fish



●

● apple



●

● picnic



●

● egg



●

● sprout

② Unscramble the words. 文字を並べ替えて単語にしよう。

1. G N I P S R

2. R O R M R I

3. P N I C C I

4. I G L A C R

5. L D C E A N

6. E N M M O T

③ Fill in the blanks. 語群から選んで () に入れよう。

water

sprouts

seeds

candy

money

snow

river

clock

school

table

hugs

picnic

cleans

Sara's Green Plate

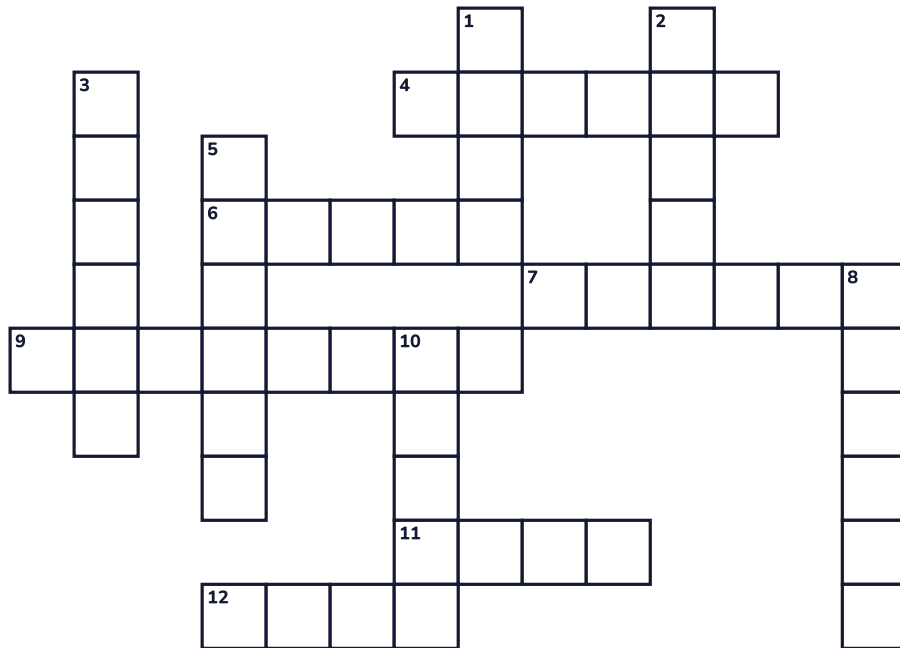
Before Nowruz, Sara puts wheat (1) _____ on a plate. Every day, she gives them a little (2) _____. Soon, small green (3) _____ come up. Her mother (4) _____ the whole house. On the big day, the family sits at the (5) _____ and watches the (6) _____. When spring comes, everyone (7) _____. Grandpa gives Sara some new (8) _____. On the 13th day, they go on a (9) _____. Sara throws the sprouts into the (10) _____ and makes a wish.



Crossword Puzzle

Read the clues and fill in the puzzle. ヒントを読んで、クロスワードを完成させよう。

Class _____ No. _____ Name _____



Across →

- 4** A meal you eat outside in a park. (6)
6 A red fruit. It is one of the seven S things. (5)
7 The season after winter. (6)
9 A small orange pet that lives in water. (8)
11 Birds lay these. People paint them for the table. (4)
12 A country in West Asia. Its capital is Tehran. (4)

Down ↓

- 1** It is hot and red. People jump over it before the new year. (4)
2 Water that moves through the land to the sea. (5)
3 You can see your face in it. (6)
5 It gives a small light when you burn it. (6)
8 A white vegetable with a strong smell. (6)
10 The number after six. (5)



Word Search

Find the hidden words. かくれた単語を探そう (→ ↓ ↘ ↗)。

Class _____ No. _____ Name _____

G	L	Y	K	P	P	M	N	N	R	W	J	E
G	O	L	D	F	I	S	H	C	T	T	N	G
P	I	T	G	R	G	P	P	K	M	S	O	G
M	A	H	H	O	G	A	S	V	U	E	W	S
M	S	W	U	I	Y	H	P	D	Y	V	R	O
M	Y	P	U	L	E	B	R	I	F	E	U	V
F	I	O	R	L	V	G	O	K	I	N	Z	C
P	A	R	P	I	Y	U	U	R	R	N	T	A
I	K	P	R	I	N	O	T	B	E	F	S	N
C	A	A	B	O	B	G	S	G	H	R	Y	D
N	I	S	A	K	R	W	E	R	U	B	D	L
I	T	L	V	G	A	R	L	I	C	E	A	E
C	F	R	I	V	E	R	K	J	J	G	B	K

Find these words! 13

- ☐ APPLE
- ☐ CANDLE
- ☐ EGGS
- ☐ FIRE
- ☐ GARLIC
- ☐ GOLDFISH
- ☐ MIRROR
- ☐ NOWRUZ
- ☐ PICNIC
- ☐ RIVER
- ☐ SEVEN
- ☐ SPRING
- ☐ SPROUTS

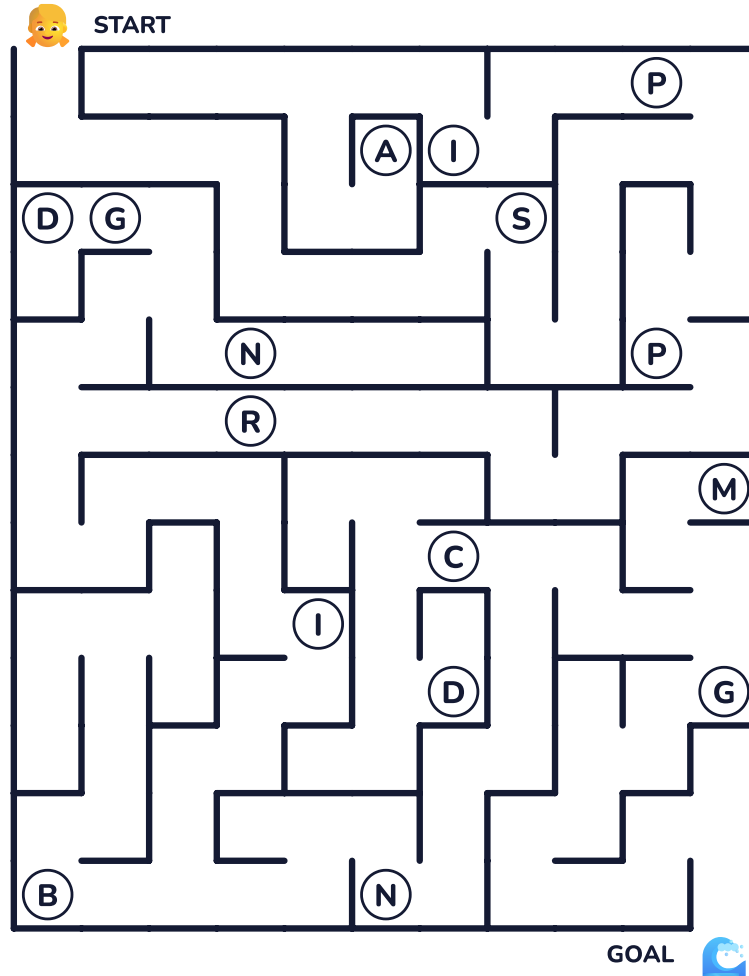
Secret Code 暗号を解こう！記号を文字に直すと、メッセージが出てくるよ。





Help Sara carry her green plate to the river!

Collect the letters on the right path. What is the secret word? 正しい道の文字を集めると、ひみつの言葉になるよ。



Secret word: _____

Put the words in order. 並べ替えて正しい文にしよう。

1. new / day / Nowruz / means / in / Persian .

2. The / new / spring / with / year / starts .

3. People / small / over / night / jump / fires / at .

4. clock / the / Families / watch / at / the / table .

5. They / sprouts / throw / a / into / green / river .



Find Someone Who... クラスで聞いて回ろう！ Ask: "Do you ...?" / "Have you ...?"

Find someone who ...	Name
... has cleaned the whole house for New Year	
... has a goldfish at home	
... likes garlic	
... has grown plants from seeds	
... knows the name of a country in Central Asia	
... can name the four seasons in English	
... has been on a picnic this year	
... likes spring the best	

Let's Write! 英語で書いてみよう。

My favorite thing about New Year is _____ because _____.

If I made a haft-sin table, I would put _____ on it because _____.

One thing I want to leave behind with the old year is _____.



Trace & Color

Trace the words. Then color the picture! なぞって書こう。絵に色を塗ろう。

Class _____ No. _____ Name _____



fire



fish



apple



garlic

