



International Day of Happiness Word Bingo

先生が読んだ単語に○。たて・よこ・ななめにそろえば
BINGO!

Class _____ No. _____ Name _____

Card A

friend	smile	in a row	ladder
survey	sun	freedom	happiness
health	March	mountain	kind
handshake	family	heart	happy

✂️ -----

Card B

heart	health	friend	smile
survey	sun	measure	in a row
economy	ladder	March	freedom
kind	family	happiness	handshake

先生用（読み上げる単語）：happiness, ladder, survey, result, in a row, economy, measure, freedom, smile, mountain, heart, handshake, sun, happy, friend, kind, health, March, family



International Day of Happiness Board Game

3～4人で。さいころをふって進もう！★のマスに止まったら、下の課題に英語で答えよう。

Class _____ No. _____ Name _____

25	26 Back 3	27	28 ★10	29	30 GOAL
24 ★9	23	22 ★8	21	20 Go 3	19
13 ★5	14	15	16 ★6	17	18 ★7
12	11 Back 2	10 ★4	9	8 ★3	7
1 START	2	3 ★1	4	5 ★2	6

★1 Say: "Happy International Day of Happiness!"

★2 Say: "What makes you happy?"

★3 What does "happiness" mean in Japanese?

★4 What does "ladder" mean in Japanese?

★5 What does "survey" mean in Japanese?

★6 True or False? The International Day of Happiness is on March 20.

★7 True or False? Japan was number one in the 2026 happiness ranking.

★8 True or False? The idea of Gross National Happiness came from Bhutan.

★9 Spell the word: How you feel when something good happens.

★10 Spell the word: Your mouth does this when you are glad.

Back=戻る / Go=進む。答えられなかったら1回休み。消しゴムやコインをコマに使おう。



Role Play

ペアで会話を読もう。役を交代して3回！

Class _____ No. _____ Name _____

 Aino is an exchange student from Finland in Osaka. On March 20, her classmate Kaito talks to her during lunch.

音声はここから
Listen here

Kaito Aino, did you know today is the International Day of Happiness?

Aino Yes! And Finland is number one again, right?

Kaito That's right. So people in Finland are always smiling?

Aino Not really! The survey asks how good your life is, from 0 to 10.

Kaito Oh, so it's not about smiling. What's your number today?

Aino Maybe an eight. I like my host family and my friends here.

Kaito That's nice to hear. I'm a seven, but this lunch makes it an eight!

☐ 1st time ☐ 2nd time (switch roles) ☐ 3rd time (try without looking!)

Your turn! 自分たちの会話を作ろう

Kaito: Aino, did you _____

Aino: Yes! And Finland _____

Kaito: That's right. So _____

Aino: Not really! The _____



Write a International Day of Happiness Card

英語でカードを書こう。絵に色をぬって、メッセージを書いてプレゼントしよう！

Class _____ No. _____ Name _____



Dear _____ ,

From _____

Useful phrases 使える表現

- **Happy International Day of Happiness! 国際幸福デーおめでとう！**
- **What makes you happy? あなたを幸せにするものは何？**
- **On a scale of 0 to 10, how happy are you today? 0から10でいうと、今日はどのくらい幸せ？**
- **I hope you have a wonderful day! すてきな1日を！**
- **Thank you for always helping me. いつも助けてくれてありがとう。**



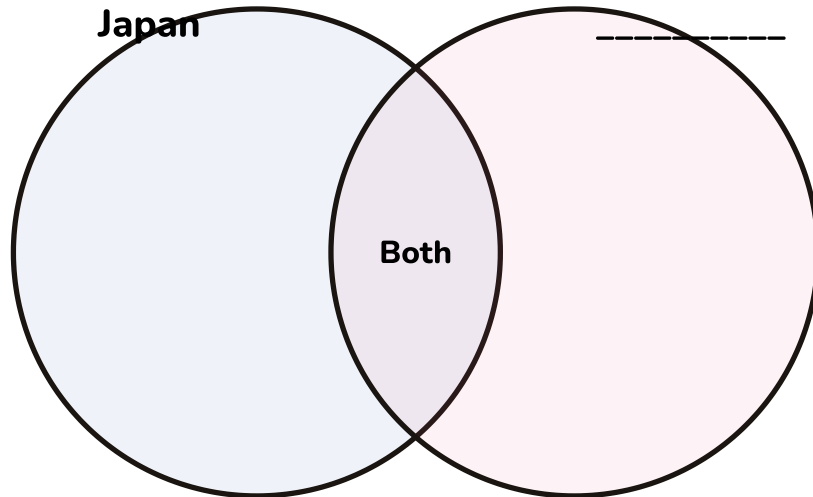
Around the World

国ごとの違いを調べて英語で書こう（サイトの「国別比較」も参考に）。

Class _____ No. _____ Name _____

Country	How do people celebrate? どう祝う？
 Finland フィンランド（1位）	
 Iceland アイスランド（2位）	
 Denmark デンマーク（3位）	
 Costa Rica コスタリカ（4位）	

Compare! 日本と比べよう（ベン図）



I want to visit _____ on International Day of Happiness because

_____.