



One Hour in the Dark

Read the story. 英文を読もう。

Class _____ No. _____ Name _____

① On March 31, 2007, the lights went out in Sydney, Australia. The famous Opera House became dark. Even the big Harbour Bridge went dark. More than 2.2 million people turned off their lights for one hour. This was the first Earth Hour.



音声を聞こう

② The idea came from WWF, a group that protects nature. They wanted to show that people care about the planet. Turning off a light is easy, so anyone can join. The next year, 50 million people in 35 countries took part. Google even made its home page black.

③ Today, Earth Hour happens on a Saturday in late March. It starts at 8:30 p.m. local time. Because the Earth turns, the darkness moves around the world like a wave. Some families eat dinner by candlelight. Others go outside and look at the stars. The Eiffel Tower in Paris and the pyramids in Egypt have joined. Now people in about 190 countries and territories take part.

④ Does one hour save a lot of energy? Not really, and WWF says this too. Earth Hour is a symbol, a sign that people want change. So now WWF asks people to give an hour to the Earth. In 2025, people gave more than 3 million hours to the planet. You can plant a tree, pick up trash, or learn about animals. Then you can keep doing these things after the lights come back on.

Words 単語**turn off** (電気などを) 消す**planet** 惑星、地球**take part** 参加する**local time** 現地時間**energy** エネルギー、電力**symbol** 象徴、シンボル**dark** 暗い**trash** ごみ



Reading Check

Choose the best answer. 正しいものを選ぼう。

Class _____ No. _____ Name _____

1. What is the main idea of the reading?

- (A) Earth Hour saves more energy than any other event.
- (B) Earth Hour began in Sydney and became a worldwide sign of care for the planet.
- (C) Earth Hour is a day when all the lights in the world must go off.
- (D) Earth Hour started in Paris and moved to Australia.

2. How many people took part in the first Earth Hour?

- (A) More than 50 million
- (B) About 35,000
- (C) About 190
- (D) More than 2.2 million

3. Why does the darkness move around the world like a wave?

- (A) Because the Earth turns and each place uses its own time.
- (B) Because WWF turns off the lights one by one.
- (C) Because the event moves to a new city every year.
- (D) Because the lights in Sydney go off last.

4. In the reading, what does "symbol" mean?

- (A) A kind of light bulb
- (B) A large building in a city
- (C) A sign that shows an idea
- (D) A tool for saving money

5. In the dialogue, what does Riku want to do?

- (A) Go to Sydney
- (B) Look at the stars outside
- (C) Turn the lights back on
- (D) Watch TV in the dark

True or False? 正しいければ T、ちがえば F に○

- | | |
|---|-------|
| The first Earth Hour was in Sydney. | T / F |
| Earth Hour starts at 8:30 in the morning. | T / F |
| WWF says Earth Hour saves a lot of energy. | T / F |
| Earth Hour is usually on a Saturday in March. | T / F |



Word Work

Words & phrases. 単語のれんしゅう。

Class _____ No. _____ Name _____

① Match the pictures and the words. 絵と単語を線で結ぼう。



●

● tree



●

● candle



●

● light



●

● Earth



●

● star



●

● moon

② Fill in the blanks. 語群から選んで () に入れよう。

energy

music

stars

candle

breakfast

Hour

sun

dark

lights

Dinner by Candlelight

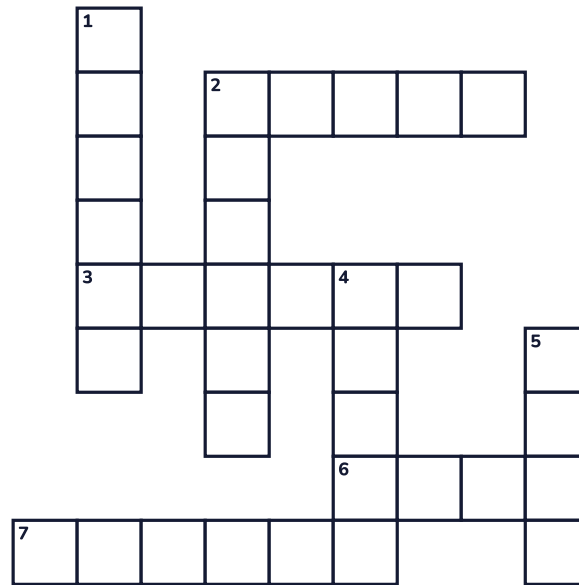
On Saturday night, Mia's family turned off the (1) _____ at 8:30. It was Earth (2) _____ . They ate dinner by (3) _____ light. Then they went outside. The sky was very (4) _____ , and they could see many (5) _____ . "Let's do this again," said Mia. Her father smiled and said, "We can also save (6) _____ every day."



Crossword Puzzle

Read the clues and fill in the puzzle. ヒントを読んで、クロスワードを完成させよう。

Class _____ No. _____ Name _____



Across →

- 2 Small lights in the night sky. (5)
 3 It has a small fire on top. People use it in the dark. (6)
 6 Sixty minutes. (4)
 7 The Earth is one. Mars is one, too. (6)

Down ↓

- 1 You push this on the wall to turn a lamp on or off. (6)
 2 The city in Australia where this event started. (6)
 4 You turn this on when a room is dark. (5)
 5 The opposite of bright. (4)



Word Search

Find the hidden words. かくれた単語を探そう (→ ↓ ↘ ↗)。

Class _____ No. _____ Name _____

L	Y	U	H	O	U	R	R	E	M	N	N	C
P	I	E	D	E	P	H	F	E	A	R	T	H
L	A	F	N	J	R	E	V	K	V	T	B	A
A	C	H	B	E	C	O	O	G	G	H	R	L
N	G	I	P	U	R	A	O	P	Y	K	H	N
E	L	O	J	H	H	G	N	V	P	T	O	I
T	I	J	K	K	K	S	Y	D	T	D	G	G
S	M	M	L	R	R	E	O	H	L	U	R	H
E	B	F	A	A	J	A	G	O	F	E	P	T
V	M	D	T	M	P	I	T	P	R	G	M	K
H	L	S	B	C	L	P	C	I	E	H	V	U
A	S	W	I	T	C	H	V	P	A	C	T	C
L	V	C	B	K	M	H	V	B	E	L	Y	K

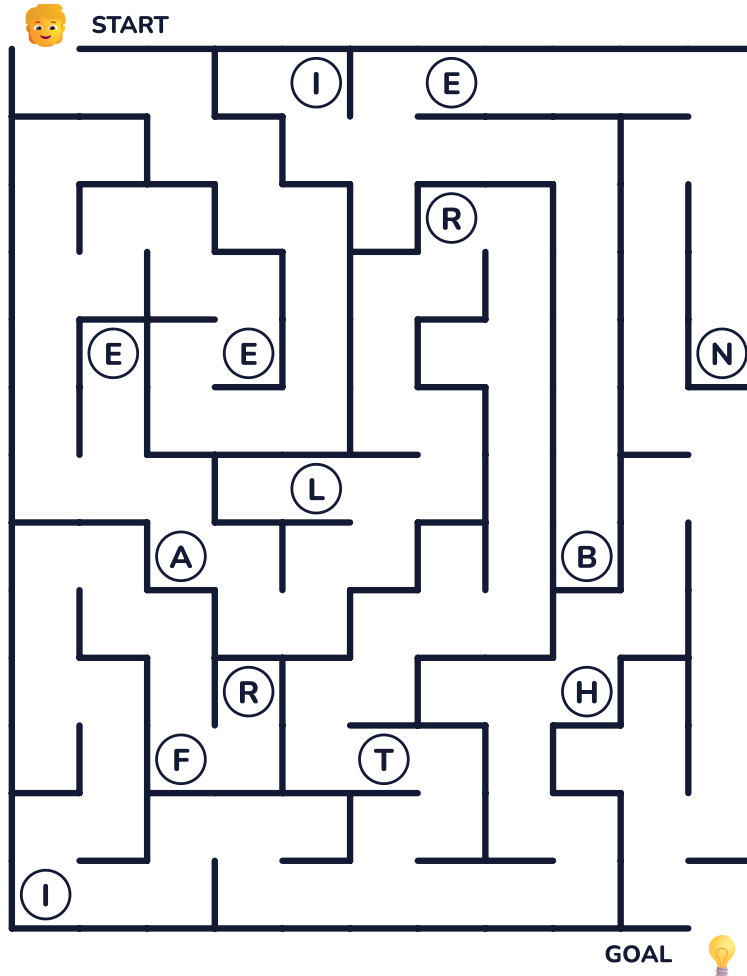
Find these words! 10

- ☐ CANDLE
- ☐ DARK
- ☐ EARTH
- ☐ ENERGY
- ☐ HOUR
- ☐ LIGHT
- ☐ NIGHT
- ☐ PLANET
- ☐ STARS
- ☐ SWITCH



Help Leo turn off the light!

Collect the letters on the right path. What is the secret word? 正しい道の文字を集めると、ひみつの言葉になるよ。



Secret word: _____



Class Activity & Writing

Class _____ No. _____ Name _____

Let's Write! 英語で書いてみよう。

During Earth Hour, I want to _____ because _____.

One thing I can do for the Earth every day is _____.



Trace & Color

Trace the words. Then color the picture! なぞって書こう。絵に色を塗ろう。

Class _____ No. _____ Name _____



light



candle



earth



star



tree

Draw your Earth Hour! アースアワーの絵を描こう。